Peninsula Partners Benefits and Services Designed with You in Mind



■ Lifestyles Newsletter You will receive a quarterly newsletter featuring information about Peninsula Partners, Health Information Tips,

Educational Seminars, Health Screenings, Special Events, Group Travel Opportunities and much, much more.

■ Monthly Email

You can choose to receive a monthly email newsletter from Peninsula Partners with upto-date information about health events at Peninsula Regional Medical Center.

- Peninsula Regional Services When you become a Peninsula Partners member you are eligible to receive or participate in the following benefits:
- Membership Inpatient Visitation Program
- Educational Seminars & Wellness Screenings

You will learn tips on healthy living, attend seminars and participate in health screenings. You will be able to make informed choices and changes in your lifestyle that will allow you to achieve peace of mind and stay healthy. Lively discussions with question and answer sessions are encouraged at each event.

Social Activities & Events

The **Peninsula Partners** program offers several social and recreational events throughout the year (socials, bus trips, yarn circle, etc.). Every attempt is made to keep event costs to a minimum in order that registration fees remain affordable for members.

Other Services & Programs
 American HomePatient of Delmarva –
 Peninsula Partners members receive 10% off items not billable to their insurance

Peninsula Partners also offers several services at a minimal cost to you. These include:

■ Group Travel Program

Members of **Peninsula Partners** will have the opportunity to participate in a number of local sightseeing adventures. Those who wish to expand their horizons will also enjoy our national and/or international escorted tours hosted by Collette Vacations.

AARP Driver Safety Classes

AARP Driver Safety is the nation's first and largest classroom driver improvement course designed especially for motorists age 55 and older. Students are charged a minimal fee and there are no tests. Most auto insurance companies offer discounts to participants.



Join Us Today!



What are you waiting for? Join **Peninsula Partners** today and become a part of something wonderful.

Just fill out the application form and return it postage paid. It's that easy! Your **free Peninsula Partners** membership packet will be mailed to you with additional information on our exclusive offerings. If you have any questions, please call 410-543-7170 or 1-800-955-PRMC (7762) and choose option "3". Make your life easier and more enjoyable. Become a member of **Peninsula Partners**, a program designed with you in mind.

While Peninsula Regional Medical Center has made every effort to ensure the accuracy of the information contained in this brochure, we are not responsible for any errors or omissions in the material provided or any results obtained from the use of such material. The Medical Center also makes no representations and assumes no responsibility concerning the scope of coverage, handling of claims or any other aspect of the programs described herein.

Peninsula Partners receives financial benefit in connection with some of the programs provided to its members. All of these funds are used by Peninsula Partners to expand the range of programs offered and/or to defray the cost of existing programs.

Do you want to know that you are doing everything you can to ensure your health?

Are you someone who would like to know more about health related topics?

Would you like to be the first to know when health screenings are being held so you can detect problems early?

Does the idea of getting to know people you have something in common with appeal to you?



If you answered yes to any of these questions, our free Peninsula Partners membership program is the perfect program for you to join to stay healthy, active and involved.

At Peninsula
Regional Medical
Center, we know
what you value the
most – your health.
We realize that your
health and well
being are extremely
important to you
and those you love.
You are invited to
become a member
of our exclusive



program designed with you in mind . . . **Peninsula Partners.**

Peninsula Partners is your link to information and services that allow you to enhance your health. This special program is provided as a service to our community with membership for individuals ages 55 years and older who enjoy living life to the fullest. Peninsula Regional Medical Center offers this program absolutely free! For no cost at all, you can be part of a program created especially for people like you, people who desire to lead a healthier life and be more knowledgeable about health-related issues.

EXCEPTIONAL HEALTHCARE. EXCEPTIONAL PEOPLE.



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www.peninsula.org

MEMBERSHIP INFORMATION

Peninsula Partners

A Program Designed With You In Mind For individuals 55 and older who care about health, wellness, education & fun.



